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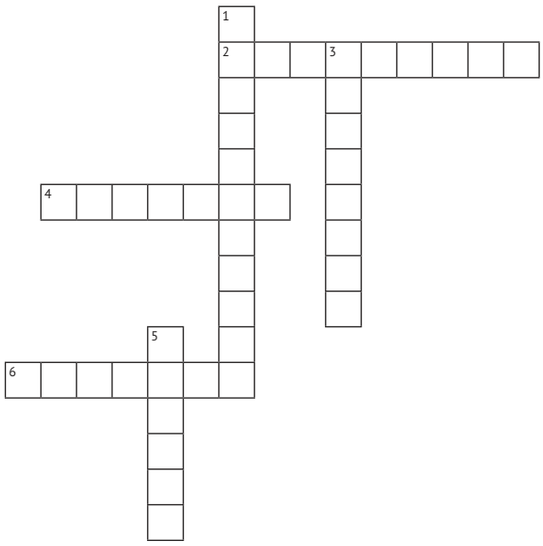
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UNIT 1 SPORT FOR ALL

VOCABULARY

SPORT

1 **Complete the crossword using the clues.**



Clues

Across

2 You need skates, a stick and a helmet to play this game on ice.
4 This is also called free running.
6 This is running at a slow, regular speed, for exercise.

Down

1 In this sport you sail across the water, standing on a board.
3 A game like football, but you throw the ball instead of kicking it.
5 You need special breathing equipment to do this underwater sport.

2 **Choose the correct answers.**

1 ☐ I'm not very good at *roller-skating / athletics*, I'm a really slow runner!
2 ☐ I like *yoga / horse riding*. I often do it in my bedroom, with online video tutorials.
3 ☐ I've never tried *jogging / horse riding* because it costs a lot of money.
4 ☐ I want to try *handball / paddleboarding*. I like individual sports more than team sports.
5 ☐ I went *roller skating / diving* once, but I was terrible! I fell over a lot!
6 ☐ We did *paddleboarding / gymnastics* in PE yesterday. Lots of jumping and running, it was fun!

3 **Tick the sentences that are true for you.**

4 **Read the text that a student wrote about their classmates. Choose the correct answer, A, B or C.**

I asked my classmates about the sports in the student's book. Most of them [1] _____ jogging, usually in the summer. It's free, teenagers love that! Some also [2] _____ athletics, there is an after-school club here. In winter, about a third of them [3] _____ ice-hockey, it's common here in Kazakhstan. A few know how to [4] _____ parkour, those are people who are also good at [5] _____ gymnastics! And of course, everyone has [6] _____ horse riding at least once, there are so many horses here. Not many classmates [7] _____ roller skating, just me and my friends Zamira and Ivan! The skates are quite expensive. Lastly, because we don't live near a river or a sea, nobody [8] _____ windsurfing, but we would all like to try it!

1	A go	B going	C do
2	A play	B does	C do
3	A do	B play	C go
4	A doing	B does	C do
5	A doing	B do	C playing
6	A go	B gone	C played
7	A doing	B go	C goes
8	A goes	B go	C play

5 **»» STRETCH! Write the noun to describe the person who does each sport.**

1 an athl __ __ e
2 a div __ __
3 a gymn __ __ t
4 a handball p __ __ __ __ __
5 a horse r __ __ __ __
6 an ice hockey p __ __ __ __ __
7 a jogg __ __
8 a paddle board __ __
9 a roller skat __ __
10 a windsurf __ __



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READING

1 **You are going to read a text about games. Which of these games have you played recently?**

- ☐ a console game
- ☐ a mobile quiz game
- ☐ a multiplayer online game
- ☐ a board game

2 **First read about Casey. What does she want? Then read the Formula Fast advert. Underline the key words that match with what Casey wants. Why could Casey choose this game? Why would Casey *not* choose this game? Which advert is the correct answer?**

4 **Choose the correct answers to complete the exam tip. Then follow the advice in the tip.**

EXAM TIP

When you finish, check *all* / *some* of your answers. To help you check your answers, you could *circle* / *underline* the words that helped you match the answer.

5 **Which two games from the adverts would you choose to play this weekend? Why?**

EXAM TASK READING PART 2

3 **The young people below all want to choose a game to play. Read the adverts for eight games they could choose. Decide which of the games would be best for each teenager.**

1 Casey wants to play an online multiplayer game with friends. They enjoy fast games like racing games. They don't want to spend any money. They're all 15.
2 Dylan's teenage cousins are coming to his house. They're all ice-hockey fans. He doesn't have many games for his console but doesn't have enough money to buy any new ones.
3 Alexis is fifteen and wants something to play on his own during a long flight on his tablet. He's into chess and games that make you think.
4 Layla has a new laptop and some money to spend. She plays handball and basketball. She'd like to play online with other people. She's sixteen.
5 Santiago loves role-playing games, but his sister loves sports. They want a fast fun game to play together. They have a console but also like board games.

GET ACTIVE IN THE SUMMER: GAMES FOR TEENS!

A GO FOR IT!

Over 3,000 years old, *Go* is the English name for *Weiqi*, the boardgame from China. If you love chess with friends, you'll love this! Buy a traditional wooden set for €29.99 today! Recommended for 12+.

B *FORMULA FAST!*

Cars, trucks, buses and bikes all in one race! Play online with friends all over the world to win points. Pay just €10 to download it now. You must be over 14 to connect.

C Teams that win!

Join a team to play virtual basketball or football with other sports fans from other countries. Will your character be chosen for the top team? €1.99 per month. Over 16s only.

D Parkour Pack!

Jump from building to building to race your friends around the city. Only the quickest will win. Available for download now. Get it free this month!

E ADVENTURE ISLAND!

What's the best way to get off the island? Roll the dice to go fishing, dive for treasure or windsurf to escape. It's a board game with adventure where the intelligent survive. Click to print for free now.

F ICE, CAMERA, ACTION!

Take the best action photograph during the ice-hockey, handball, or rugby match to get points in this simple but fun console game. Buy it for €40 from icecameraaction.com.

G Penalty challenge!

Who can score the most penalties to win? This console game is for ice-hockey fans everywhere! Rent it for just €0.99 with a watchTV.com account.

H BRAIN FITNESS!

Learn, have fun, and use your brain at the same time with this free app. It include sports quizzes, sudoku and crosswords. Play on a mobile or tablet.

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GRAMMAR

ADVERBS OF FREQUENCY

1 Put the sentences in order, then guess the sport.

1 do / arm / I / exercises / often / and / shoulder

_____

2 you / often / don't / my / sport / see / on / TV

_____

3 hardly / up / ever / can / stand / beginners

_____

4 beach / I / all / am / summer / normally / at / the

_____

5 sometimes / surfers / this / sport / do / too

_____

6 before / I / always / I / go / check / the / weather

_____

Guess my sport! _____

2 Write six sentences to create your own *Guess my sport!* activity.

3 Read the text about the Olympics. Choose the correct answers.

The Olympics happens every four years, but it [1] *doesn't always have / doesn't have always* the same sports. New sports [2] *sometimes are / are sometimes* admitted, like skateboarding in 2020. To do this, the first step [3] *is usually / usually is* presenting to the International Olympic Committee. They [4] *always look at / look at always* how popular the sport is, and if at least 75 countries practise this sport. This is why sports like American Football or cricket [5] *are never / never are* at the Olympics. The process [6] *isn't often / is often not* fast, parkour has waited years! Will they say yes to parkour soon?

GERUNDS

4 Complete the quiz with the verbs from the box. Use the gerund form (*-ing*). Then do the quiz.

go read remember sit talk watch

Could you be a SPORTS COMMENTATOR?

1 I enjoy _____ sports on TV.
YES SOMETIMES NO WAY!

2 _____ about sports is great fun.
YES SOMETIMES NO WAY!

3 I often spend time _____ about sportspeople.
YES SOMETIMES NO WAY!

4 I'm good at _____ facts and numbers.
YES SOMETIMES NO WAY!

5 I get excited about _____ to stadiums.
YES SOMETIMES NO WAY!

6 _____ in the front row is my dream!
YES SOMETIMES NO WAY!

If you answered more than four questions with a 'yes', you could be a fantastic commentator!

5 Read the talk about an exhibition and choose the correct answers.

Inbox 2 Messages

Thanks for coming to my exhibition of the world's most interesting football pitches. [1] *To take / Taking* photos is my job, I [2] *enjoy / enjoying* it a lot, and I absolutely love watching football. So, I combined them! This first photo is 2,000 metres up in the Swiss alps. [3] *Watching / Watch* football on Europe's highest football pitch was amazing! I [4] *saw / seeing* this next pitch in Thailand, it's a floating football pitch. Tourists love going there [5] *to see / seeing* it, and lots of international teams are interested in [6] *playing / to play* there too. This next photo shows a pitch on the roof of a department store in Tokyo. [7] *Doing / To do* sport is the perfect way to relax after shopping, right? What two things are you good at [8] *do / doing*? Could you [9] *combine / combining* them?



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PRESENT SIMPLE AND CONTINUOUS

6 **Choose the correct form.**

1 ☐ *I normally do / I'm normally doing* sport on both Saturday and Sunday.
2 ☐ *I think / I'm thinking* teenagers need to do exercise everyday.
3 ☐ *I want / I'm wanting* to try a new sport this term.
4 ☐ *I'm thinking / I think* about my favourite sport right now!
5 ☐ My team *wins / is winning* everything at the moment!
6 ☐ *It becomes / It's becoming* more difficult to find time to exercise.

7 **Tick the sentences that are true for you. Rewrite the sentences that aren't true for you.**

8 **Complete the conversation. Write the correct present tense form of the verbs in brackets.**

Tom: I [1] _____ (love) going paddleboarding at weekends, but if it rains, I [2] _____ (prefer) staying in. Don't you?

Sara: To be honest, me and my sister [3] _____ (play) a lot more online games at the moment because of the rain. But I [4] _____ (think) about training tomorrow. Come with me!

Tom: I don't know. It [5] _____ (be) cold this week.

Sara: Yes, but I [6] _____ (think) that when you get on the board, you usually enjoy it.

Tom: What you [7] _____ (say) is true … I [8] _____ (know) you are right, but ask me next month when it's warmer!

9 **Correct the underlined errors with present simple and present continuous.**

[1] A group of university students are develop an app with information for wheelchair users. The app is called 'Sports4All'. You click the map and [2] it is giving information about the disabled facilities in basketball stadiums, football pitches and tennis courts in your city. [3] The students is creating this app to help people with physical disabilities find the most comfortable seats and best entrances. [4] They is also planning to add a social platform, to connect wheelchair basketball and handball teams around the country. [5] They don't thinking an app like this exists, and are excited to launch it next month.

10 **STRETCH!** **Complete the second sentence so that is has a similar meaning to the first sentence. Use the word in bold. You must use between two and five words, including the word given.**

1 I want to swim tomorrow. **GOING**
I'm thinking of _____ tomorrow.
2 Our school rarely wins any sports competitions. **OFTEN**
Our school _____ any sports competitions.
3 She plays handball really well. **PLAYING**
She is good _____.
4 'Yuck, this is a horrible energy drink!' **NOT**
'I _____ this energy drink, it's horrible!'
5 She never misses training. **ALWAYS**
She _____ to training.

VOCABULARY

SPORTS EQUIPMENT AND PEOPLE

1 **Find ten words related to places, equipment and people in sport in the wordsnake.**

courttracknetcoachpitchhelmetchampionsgymracketcompetitor

2 **Choose the correct answers to complete the text.**

I'm quite good at tennis, but to become a [1] *champion / pitch*, I know I need to focus on two things. First is how to move around the [2] *pitch / court*. To do this, I have a great [3] *coach / gym*. She is teaching me about using my [4] *helmet / racket* intelligently, by using maths. I think about my arm and hand positions, and measure distance from the [5] *net / court*. Secondly, my coach also tells me stories of amazing sportswomen, like Wilma Rudolph. Wilma was born in Tennessee and got polio* when she was four. She was paralysed. However, with a good coach and a lot of work at the [6] *gym / net*, she became extremely good at athletics. She was invited to the 1960 Rome Olympics and beat her [7] *competitors / champions* to win three gold medals on the [8] *track / pitch*, including a world record in the 200 m. People like her inspire me!

*a disease that sometimes makes it impossible to move your muscles

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WRITING

A REPORT

1 **You are going to write a report about sport. First think about these questions and write short answers.**

1 Why do people play team sports, like football?

_____

2 Why do people play strategy games?

_____

2 **Read the survey report below. Tick the reasons why these people say they play e-sports.**

- [ ] for entertainment
- [ ] to get tips
- [ ] to spend time with friends
- [ ] to be creative
- [ ] to use your brain
- [ ] to be competitive
- [ ] to learn a language

B I U S AA Paragraph

We did a survey to find out what e-sports people play, and why they play them. The answers were very interesting.

We asked 20 young gamers. Ten of the young gamers often play football online. Almost all of it's because the games are fun and competitive. One person is learning more tips and tricks to help them play football in real life.

More than a quarter of the gamers only play *Fortnite*. The reasons are: for entertainment, and chatting with friends online.

Other people we asked play strategy games like chess, *Shogi* and *Age of Empires*, where you have to think and plan. All of them play these because they like games with a challenge.

To sum up, popular e-sports with young people are football, *Fortnite* and strategy games, for many reasons. The most popular reason was for fun.

3 LANGUAGE FOCUS **Read the survey report again and complete the table below.**

To start the report

We did a survey to [1] _____ *out…*

In our survey, we asked about…

We [2] _____ *20 young people…*

To end the report

To [3] _____ *up, there are many reasons…*

In conclusion, we found out that…

To report numbers

Everyone / No-one

[4] _____ *all of them*

Most of us

More / Less than / Around half /

A [5] _____ *of the class*

Only a few / Hardly any

4 **Use phrases from Exercise 3 to report these numbers.**

1 24/25 of the class regularly do sport.
2 48% of young people like football.
3 5/20 classmates go to the gym at weekends.
4 57% think live sport is too expensive.

5 **A student has done a survey with their class. Look at the tables they made. What were the survey questions that this student asked?**

Non-team sports?	**yes**	**no**
	𝍸 𝍸 ||	𝍸 ||

What non-team sport? Reason		
	gymnastics	*Winning medals, challenging, keep fit*
	skate boarding	*Keep fit, fun, cool role models*
	jogging	*Do it anytime, don't need to organise, keep fit*
	yoga	*Feel good – body and mind, spend time with friends in class*
	surfing	*Keep fit, role-models, competitions*

6 **Complete the advice with the words from the box.**

before organise small

It's important to design a table for your survey results [1] _____ you ask the survey questions. This helps you to [2] _____ your information. Also, you can record a lot of information in a [3] _____ space.

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7 Critical Thinking **Write a survey report. Use the information in the tables to write your report. Write about 120 words.**

SELF-EVALUATION

Check your writing:

Content: Have you written about the two survey questions? ☹ 😕 😐 ☺

Communication: Have you used language that you normally see in survey reports? ☹ 😕 😐 ☺

Organisation: Have you used paragraphs to organise your text? ☹ 😕 😐 ☺

Language:

Is your grammar mostly correct? ☹ 😕 😐 ☺

Have you used a variety of language? ☹ 😕 😐 ☺

Have you tried to use some new language from the unit? ☹ 😕 😐 ☺

LISTENING

1 **Look at the pictures in Exercise 3 below. Do you know what they are? Try to think of the words in English.**

2 **Match the sentences to complete the exam tip.**

EXAM TIP

1 You will hear each question twice
2 The first time you listen,
3 Then choose your final answer

A put a question mark next to the possible answers.
B when you listen for the second time.
C before moving on to the next question.

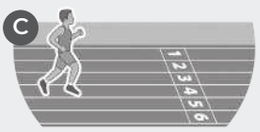
EXAM TASK LISTENING PART 1

3 1.1 **For each question, choose the correct answer.**

1 What is the girl buying?

A  B  C 

2 What are the teenagers doing in their PE class?

A  B  C 

3 What sportsperson is the boy talking about?

A  B  C 

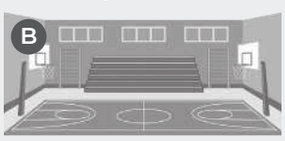
4 What e-sport are the friends playing?

A  B  C 

5 What course does the boy plan to do this weekend?

A  B  C 

6 Where do the friends decide to do yoga?

A  B  C 

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WHAT ACTION CAN WE TAKE TO GET FITTER?

1 THINK



Tips for Think

Before you start, think about sports in your life and your friends' lives to start generating ideas. It's often easier to start thinking about what you know!

The problems that need solving are:



I'm working with:

Some useful questions to make you decide:
- **Which problem have I experienced?**
- **Which do I think is the most and least important?**
- **Which is the most difficult to solve?**

2 PREPARE

We are going to work on:



Tips for Prepare

First, think about the different steps you need to take to complete the challenge. For example:

- *What topics will you research?*
- *How will you complete your task?*
- *Who will do each task?*

What I know	What I want to know	What I know now



My role is: _____

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3 DEVELOP

Our main findings are:

Why not put them in order of importance or priority?

Tips for Develop

Why don't you vote within your group on how you're going to present? The idea with the most votes wins!





4 PRESENT

We are going to use _____ to present our challenge.





Our main conclusion is:

Our recommendations are:

Tips for Present

After your presentation, think about two things you did well and two things you could improve next time. Make a note of them and look at them again before your next presentation.



Draw a face to show how you feel.

SELF-EVALUATION

I can ...

- Identify and explain possible causes of problems. ○
- Examine possible solutions to a problem and state how effective they may be. ○
- Actively participate in activities that require creative thinking. ○

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UNIT 2 FRIENDS FOREVER

VOCABULARY

PERSONALITY

1 **Choose the correct word from the box to describe the people in the photos.**

bossy confident funny nervous rude shy













2 **Choose the correct word from the box to complete the poem.**

clever generous honest patient serious

I need my friends to be [1] _____, to not tell me lies,
For my friends I am [2] _____, listening carefully all night.
I need my friends to be [3] _____ and understand why I cry,
For my friends I am [4] _____: I'll help, I'll make, I'll buy.
I don't need my friends to be [5] _____, to remember dates or multiply,
I just need my friends to be here with me, looking up at the sky.

3 **Choose the correct answers to complete the text.**

I've just finished the novel *Klara and the Sun*, by Kazuo Ishiguro. It's a [1] *bossy* / *clever* novel about a future where many people have an 'Artificial Friend' (AF). It sounds like a very [2] *serious* / *patient* topic for a novel, but it isn't like that. It's a story of friendship. Klara the AF is very [3] *generous* / *honest*, giving all her time to Josie, a young girl who is ill. But there are also times when the book is [4] *funny* / *nervous* – Klara has a good sense of humour! Like you imagine a robot to be, she is [5] *bossy* / *shy* and not scared to tell people exactly what to do. This happens when she is protecting her human friend Josie, but she never means to be [6] *rude* / *confident*. I think everyone would love to know a Klara.

4 **>>> STRETCH! Many adjectives can become adverbs by adding *-ly*, for example *serious* ➜ *seriously*. Adverbs describe the way something is done. Make adverbs from the adjectives in the box and complete the sentences.**

clever generous nervous rude shy

1 'I'll pay for lunch', she said _____.
2 She put her hand up _____ in the class debate.
3 'Stand up, that's my seat!', he said _____.
4 'Good luck', she said, as her friend _____ walked to the stage.
5 She _____ hid the present in the garage, so her sister wouldn't find it.

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READING

1 **Read the text below quickly and choose the best title.**

A My favourite documentary
B An animal I love
C A school biology project

2 **Complete the exam tip.**

EXAM TIP

Underline the key [1] _____ in the sentences in the text before AND [2] _____ the gaps. This will help make a connection between the text and the sentences you have to choose from.

3 **Find and underline these key words in the first paragraph: *man*, *also* and *cameraman*. Now read the five sentences below. Choose your answer to question 1.**

EXAM TASK READING PART 4

4 **Read the text again. Five sentences have been removed from the text below.**

For questions 2–5 choose the correct answer. There are three extra sentences which you do not need to use.

_____

by Claire Shek, aged 13

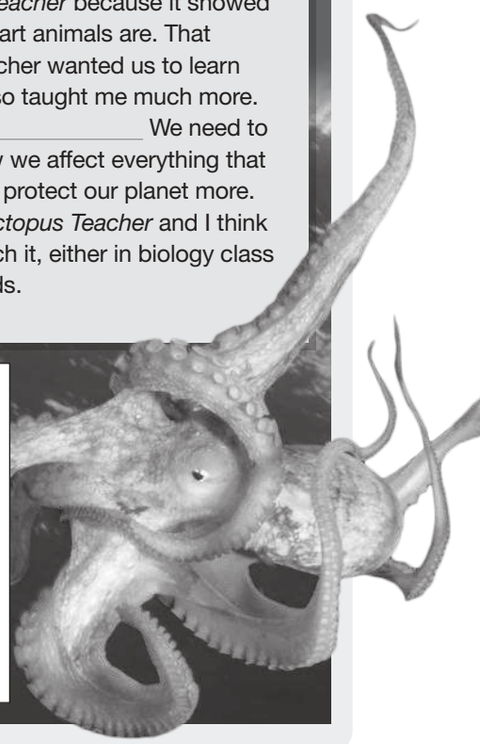
We saw a documentary film in our biology class last week, called *My Octopus Teacher*. It was really good! It's about a man who goes diving every day to visit the same octopus in the ocean. [1] _____ and also the cameraman in the film.

Because he visits everyday, the man gets to know the octopus well and he watches it do all kinds of things like hunting for food and playing with other sea creatures. The octopus is clever and can change its shape and colour to hide from things that could kill it. [2] _____! I won't tell you what happens! Sometimes you don't know what's going to happen next, like a thriller. [3] _____ Some of my classmates cried a little! The man was really nice to the octopus, and by the end, they become friends. It was really interesting to see how this happened, I didn't expect it. The man said the octopus taught him to be more patient and to appreciate the beauty of nature.

The film was well made and has beautiful film of the ocean and the creatures that live in it. All this was done with just two cameras: the biologist's camera and sometimes one extra cameraman. [4] _____ I think it's because they worked hard making a film that is really different to other films with lots of characters and locations. Most of this film is just the man and the octopus under water, but it's not boring at all.

I loved *My Octopus Teacher* because it showed how amazing and smart animals are. That was the thing our teacher wanted us to learn about, but the film also taught me much more. [5] _____ We need to think more about how we affect everything that lives in it. We need to protect our planet more. Overall, I loved *My Octopus Teacher* and I think everyone should watch it, either in biology class or at home with friends.

A But not everyone likes that type of film.
B The scene with the shark was really exciting.
C The film won an Oscar, and I can understand why.
D He learned about the importance of the ocean.
E It showed me how important it is to take care of the ocean.
F There were so many other exciting and fast scenes!
G However, the documentary was sometimes quite sad and very emotional.
H He's a marine biologist with over twenty years of experience.



5 **Check your answers. Make sure the sentence you chose fits with the sentences before *and* after the gap.**

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