CAMBRIDGE

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Adrian Doff Craig Thaine Herbert Puchta Jeff Stranks and Peter Lewis-Jones
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# Contents


| Lesson and objective | Grammar | Vocabulary | Pronunciation | Everyday English |
|---|---|---|---|---|
| **Welcome!** | Possessive adjectives; *a* and *an*; Plurals; Question words | Numbers; The alphabet; Colours; Classroom objects and instructions | Noticing word stress | Saying hello and introducing people; Spelling words |
| **Unit 1 People** | | | | |
| **Getting started** Talk about meeting people from other countries | | | | |
| **1A** Talk about where you're from | *be*: positive and negative | Countries and nationalities | Syllables and word stress | |
| **1B** Talk about people you know | *be*: questions and short answers | Adjectives | Sound and spelling: /k/; Sound and spelling: long and short *o* | |
| **1C** Ask for and give information | | | Tones for checking; Consonant groups | Asking for and giving information |
| **1D** Write an online profile | | | | |
| **Review and extension** More practice | | WORDPOWER *from* | | |
| **Unit 2 Work and study** | | | | |
| **Getting started** Talk about what kind of work you find interesting | | | | |
| **2A** Talk about jobs | Present simple: positive and negative | Jobs | Word stress; *-s* endings | |
| **2B** Talk about study habits | Present simple: questions and short answers | Studying; Time | *do you* | |
| **2C** Ask for things and reply | | | Sound and spelling: *ou* | Asking for things and replying |
| **2D** Complete a form | | | | |
| **Review and extension** More practice | | WORDPOWER *work* | | |
| **Unit 3 Daily life** | | | | |
| **Getting started** Talk about what you do every day | | | | |
| **3A** Talk about routines | Position of adverbs of frequency | Time expressions; Common verbs | Sentence stress; Sound and spelling: /aɪ/ and /eɪ/ | |
| **3B** Talk about technology in your life | *have got* | Technology | Word stress; Main stress and tone | |
| **3C** Make arrangements | | | Main stress; Thinking time: *Mm* | Making arrangements |
| **3D** Write an informal invitation | | | | |
| **Review and extension** More practice | | WORDPOWER Prepositions of time | | |
| **Unit 4 Food** | | | | |
| **Getting started** Talk about eating with your family | | | | |
| **4A** Talk about the food you want | Countable and uncountable nouns; *a* / *an*, *some*, *any* | Food | Sound and spelling: *ea* Sound and spelling: /k/ and /g/ | |
| **4B** Talk about the food you eat every day | Quantifiers: *much*, *many*, *a lot of* | Talking about food | Sentence stress | |
| **4C** Arrive and order a meal at a restaurant | | | Word groups | Arriving at a restaurant; Ordering a meal in a restaurant |
| **4D** Write a blog about something you know how to do | | | | |
| **Review and extension** More practice | | WORDPOWER *like* | | |
| **Unit 5 Places** | | | | |
| **Getting started** Talk about what a good home is | | | | |
| **5A** Talk about towns | *there is* / *there are* | Places in a city | *there's*; Sound and spelling: /b/ and /p/ | |
| **5B** Describe rooms and furniture in your house | Possessive pronouns and possessive *'s* | Furniture | Sound and spelling: vowels before *r* | |
| **5C** Ask for and give directions | | | Sentence stress | Asking for and giving directions |
| **5D** Write a description of your neighbourhood | | | | |
| **Review and extension** More practice | | WORDPOWER Prepositions of place | | |
| **Unit 6 Family** | | | | |
| **Getting started** Talk about a family you know | | | | |
| **6A** Talk about your family and your family history | Past simple: *be* | Family; Years and dates | Sound and spelling: /ʌ/; Sentence stress | |
| **6B** Talk about past activities and hobbies | Past simple: positive | Past simple irregular verbs | *-ed* endings; Sound and spelling: *ea* | |
| **6C** Leave a voicemail message and ask for someone on the phone | | | Sound and spelling: *a* | Leaving a voicemail message |
| **6D** Write a life story | | | | |
| **Review and extension** More practice | | WORDPOWER *go* | | |




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| Listening and Video | Reading | Speaking | Writing |
|---|---|---|---|
| Five conversations | | Saying hello and introducing people | Names and addresses |
| | | | |
| A conversation about where you're from | | Where you're from | Sentences about you |
| A conversation about people you know | Facebook entries about people you know | People you know | Notes about people you know |
| At the gym reception | | Asking for and giving information; Checking understanding | Unit Progress Test |
| First day of an English course | Online profiles | Using social networking sites | An online profile; Capital letters and punctuation |
| | | | |
| A conversation about a TV programme | An article about Ice Road Truckers | Jobs | Sentences about jobs |
| A survey about study habits | An online forum about study habits | Studying; Study habits | Questions about study habits |
| Ordering in a café; Asking for help | | Asking for things and replying; Reacting to news | Unit Progress Test |
| Three monologues about studying English; A teacher addressing her class | A competition entry form | Studying English | A form; Spelling |
| | | | |
| A conversation about family routines | An article about an Indian family | Daily routines; Spending time with your family; Routines you share with others | A dialogue; Notes about routines you share with other people |
| Three conversations about gadgets | An interview about using the Internet | Using the Internet; Technology in your life | Sentences about gadgets you've got; Questions about gadgets you've got |
| Making arrangements to go out | | Making arrangements; Thinking about what you want to say | Unit Progress Test |
| A monologue about someone's family | Two informal emails | Your family | An informal email invitation; Inviting and replying |
| | | | |
| | | Buying food; The food you like and don't like | |
| A conversation about cooking | A factfile about Heston Blumenthal; Two personal emails | Cooking programmes; Cooking; The food you eat | Questions about food |
| At a restaurant | | Arriving at a restaurant; Ordering a meal in a restaurant; Changing what you say | Unit Progress Test |
| Four monologues about cooking | A cooking blog | Cooking; A good cook you know; Cooking for others | A blog about something you know how to do; Making the order clear |
| | | | |
| | An article about an unusual town | Places you like; Describing a picture of a town; What there is in a town | Questions and sentences about what there is in a town |
| A conversation about a new home | A newspaper advertisement | Your home and furniture | Sentences about your home |
| On the street | | Giving and following directions; Checking what other people say | Unit Progress Test |
| Three monologues about neighbourhoods | A website about neighbourhoods around the world | What makes a good neighbourhood; Your neighbourhood | A description of your neighbourhood; Linking ideas with *and*, *but* and *so* |
| | | | |
| A conversation about a family tree | | Your family | Notes about your family |
| A conversation about childhood hobbies | An article about Steve Jobs | Steve Jobs; What you did at different times; A childhood hobby | Notes about a childhood hobby |
| On the phone | | Leaving a voicemail message; Asking for someone on the phone; Asking someone to wait | Unit Progress Test |
| A monologue about someone's life story | A life story | Important years in your life | A life story about someone in your family; Linking ideas in the past |




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| **Unit 7 Journeys** | | | | |
| **Getting started** Talk about where you'd like to travel to | | | | |
| **7A** Talk about past journeys | Past simple: negative and questions | Transport | *did you;* Sound and spelling: /ɔː/ | |
| **7B** Talk about what you like and dislike about transport | *love / like / don't mind / hate* + verb + *-ing* | Transport adjectives | Word stress | |
| **7C** Say excuse me and sorry | | | Tones for saying *excuse me*; Emphasising what we say | Saying excuse me and sorry |
| **7D** Write an email about yourself | | | | |
| **Review and extension** More practice | | **WORDPOWER** *get* | | |
| **Unit 8 Fit and healthy** | | | | |
| **Getting started** Talk about sport and exercise for other people | | | | |
| **8A** Talk about past and present abilities; Talk about sport and exercise | *can / can't*; *could / couldn't* for ability | Sport and exercise | *Can*, *can't*, *could* and *couldn't;* Sound and spelling: /uː/ and /ʊ/ | |
| **8B** Talk about the body and getting fit | *have to / don't have to* | Parts of the body; Appearance | *have to*; Word stress | |
| **8C** Talk about health and how you feel | | | Joining words | Talking about health and how you feel |
| **8D** Write an article | | | | |
| **Review and extension** More practice | | **WORDPOWER** *tell / say* | | |
| **Unit 9 Clothes and shopping** | | | | |
| **Getting started** Talk about shopping in your town or city | | | | |
| **9A** Say where you are and what you're doing | Present continuous | Shopping; Money and prices | Word stress in compound nouns; Sentence stress | |
| **9B** Talk about the clothes you wear at different times | Present simple or present continuous | Clothes | Sound and spelling: *o*; Syllables | |
| **9C** Shop for clothes | | | Joining words | Choosing clothes; Paying for clothes |
| **9D** Write a thank-you email | | | | |
| **Review and extension** More practice | | **WORDPOWER** *time* | | |
| **Unit 10 Communication** | | | | |
| **Getting started** Talk about how you use your mobile phone | | | | |
| **10A** Compare and talk about the things you have | Comparative adjectives | IT collocations | Sentence stress | |
| **10B** Talk about languages | Superlative adjectives | High numbers | Word stress; Main stress | |
| **10C** Ask for help | | | Main stress and tone | Asking for help |
| **10D** Write a post expressing an opinion | | | | |
| **Review and extension** More practice | | **WORDPOWER** *most* | | |
| **Unit 11 Entertainment** | | | | |
| **Getting started** Talk about what you enjoyed when you were a child | | | | |
| **11A** Ask and answer about entertainment experiences | Present perfect | Irregular past participles | Sound and spelling: /ɜː/ | |
| **11B** Talk about events you've been to | Present perfect or past simple | Music | Syllables | |
| **11C** Ask for and express opinions about things you've seen | | | Main stress and tone | Asking for and expressing opinions |
| **11D** Write a review | | | | |
| **Review and extension** More practice | | **WORDPOWER** Multi-word verbs | | |
| **Unit 12 Travel** | | | | |
| **Getting started** Talk about photographs | | | | |
| **12A** Talk about holiday plans | *going to* | Geography | Syllables and word stress | Sentence stress |
| **12B** Give advice about travelling | *should / shouldn't* | Travel collocations | *Should / Shouldn't* | |
| **12C** Use language for travel and tourism | | | Tones for showing surprise; Consonant groups | Checking in at a hotel; Asking for tourist information |
| **12D** Write an email with travel advice | | | | |
| **Review and extension** More practice | | **WORDPOWER** *take* | | |
| **Communication Plus** p.129 | **Grammar Focus** p.136 | | **Vocabulary Focus** p.160 | |




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| Listening and Video | Reading | Speaking | Writing |
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| A conversation about travelling on the Silk Road | An article about the Silk Road; Two blogs about travelling on the Silk Road | Transport people use; Past journeys | |
| A conversation about transport in Moscow | A webpage about metros around the world; Four reviews of metros | Metros you know; Disagreeing about transport; Transport you use | |
| On the train | | Saying excuse me and sorry; Showing interest | Unit Progress Test |
| A conversation about choosing a homestay family | Two online profiles; An email about Ahmed | Homestay families; English-speaking countries you'd like to visit | An email about yourself; Linking ideas with *after*, *when*, and *while* |
| A podcast about how the Olympics can change a city | An article about Paralympian Jonnie Peacock | Famous sport events and people; The Olympics; Present and past abilities | |
| Two monologues about exercise | An article about High Intensity Training | Getting fit; The things people have to do; Yoga; Parts of the body | Sentences and notes about what people have to do |
| At the gym | | Health and how you feel; Expressing sympathy | Unit Progress Test |
| A conversation about a free-time activity | An email about a company blog; A blog article about a free-time activity | Free-time activities in your country; Your free-time activities | An article; Linking ideas with *however*; Adverbs of manner |
| Four phone conversations about meeting | | Meeting friends in town; Saying where you are and what you're doing | Sentences about what you are doing |
| Two phone conversations about what people are wearing | Two blogs about living abroad; Text messages about what people are doing | Shopping; Festivals in your country; The clothes you wear | Notes about what someone you know is wearing |
| Shopping for clothes | | Choosing clothes; Paying for clothes; Saying something nice | Unit Progress Test |
| Four monologues about giving presents | Two thank-you emails | The presents you'd like; Giving presents and thanking people for them | A thank-you email; Writing formal and informal emails |
| A podcast about smartphones and tablets | A webpage about smartphones and tablets | Smartphones and tablets; Using the Web; Comparing two similar things | Notes about two similar things |
| A radio programme about languages | | Languages; Blogs and language websites | |
| Asking for help | | Asking for help; Checking instructions | Unit Progress Test |
| Three monologues about text messages | Four text messages; Six posts on an online discussion board | Sending messages | A post expressing an opinion; Linking ideas with *also*, *too* and *as well* |
| | Three fact files about actresses; A magazine quiz about actresses; An article about actresses | Famous Australians | |
| A conversation about music in Buenos Aires | An article about Buenos Aires | Buenos Aires; Kinds of music; Entertainment events in your town or city | Notes about entertainment events in your town or city |
| A night out | | Going out in the evening; Asking for and expressing opinions; Responding to an opinion | Unit Progress Test |
| A conversation about a film | Two online film reviews | Films | A film review; Cohesion in paragraphs |
| Two conversations about holidays | A webpage about holidays | Natural places; Important things when on holiday; Holiday plans | |
| Two monologues about things people like when travelling | An article about living in a different country | Living in a different country; Travelling and holidays; Giving advice about travelling | Unit Progress Test |
| A prize holiday | | Checking in at a hotel; Asking for tourist information; Showing surprise | Notes about surprising things |
| A conversation about a planned holiday | An email with travel advice; An email asking for travel advice | Planning holidays; Sweden | An email with travel advice; Paragraph writing |

**Audioscripts** p.168 **Phonemic symbols and Irregular verbs** p.176




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