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Lindsay Clandfield , Ben Goldstein , Ceri Jones , Philip Kerr
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UNIT OBJECTIVES

- talk about your favorite comfort food
- design a food truck
- explain what you want in a restaurant
- write a comment about an online article
- plan a party

EAT, DRINK, BE HAPPY

7



START SPEAKING

A **Look at the picture. Who are these people? Why are they all eating together? Do you have big meals like this? When?**

B **In general, do you prefer eating alone or with other people? Who do you usually eat with at different meals? What do you talk about when you're eating?**

C **What makes a meal special: Is it the food, the people, or something else? Explain your answer. For ideas, watch Seung Geyoung's video.**



Do you agree with Seung Geyoung?

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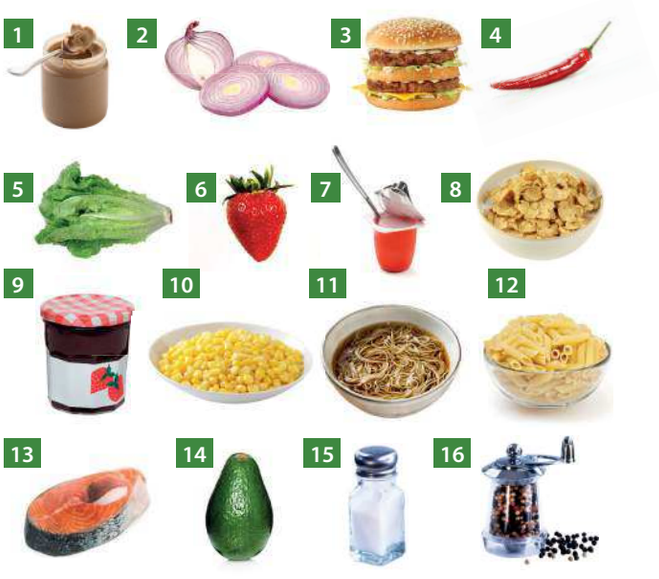
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7.1 COMFORT FOOD

LESSON OBJECTIVE
- talk about your favorite comfort food

1 VOCABULARY: Naming food

A 2.02 **Look at the pictures. Which do you like? With a partner, match the food items to the words in the box. Listen and check, and then say the words.**



avocado ___	onion ___
burger ___	pasta ___
cereal ___	peanut butter 1
chili / chili pepper ___	pepper ___
corn ___	salmon ___
jam ___	salt ___
lettuce ___	strawberry ___
noodles ___	yogurt ___

B **Which food items are sweet, and which are usually not sweet? Make two lists.**

C **Now do the vocabulary exercises for 7.1 on page 147.**

2 LANGUAGE IN CONTEXT

A **What is "comfort food"? Read the blog post and find out. How many different types of chicken soup does the writer describe?**

GLOSSARY
recipe (*n*) instructions for how to prepare and cook food

A TASTE OF HOME

Everyone has their own idea of comfort food — that special dish you eat anytime you feel sad or worried.

For me, there's only one comfort food: my mom's chicken soup. Did you know that chicken soup is probably the world's favorite comfort food? It makes you feel happy, and it's quick to make – perfect when there's not much time to cook.

The classic recipe includes chicken and a little **onion**, but there are many other ways to cook it. Colombian *ajiaco* has a lot of **corn** and potatoes, in India it comes with an egg, and the Chinese serve it with **noodles** and sometimes a few **chilies**. In Korea they usually eat *samgyetang* in the summer, served with some rice.

Comfort food is very personal. It can be a full meal, a dessert, or just a snack. Tell us about *your* favorite comfort food.



B PAIR WORK **Find these words in the blog: *dessert*, *dish*, *meal*, *snack*. Think of an example of each one.**

FIND IT

C PAIR WORK **What's a famous soup in your country? Where and when do people usually eat it? You can go online to find a recipe. For ideas, watch Alessandra's video.**



Would you like to try Alessandra's dish?

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3 GRAMMAR: Quantifiers

A **Complete the rules. Use the pictures in the grammar box to help you. Which words can you use to talk about a large amount, a small amount, and an amount that is not large or small?**

1 Count nouns (e.g., *strawberry, avocado*) can be **only singular / only plural / singular or plural.**

2 Use *a* or _____ with singular count nouns.

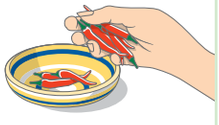
Quantifiers

Count nouns

How many *chilies?*



a lot of chilies



some chilies



a few / not many chilies



too many chilies

Non-count nouns

How much *rice?*



a lot of rice



some rice



a little / not much rice



too much rice

! **Some nouns can be count *and* non-count.**
You can count chili peppers (*too many chilies*) but not the small pieces we use for cooking (*too much chili*).
Think about *chicken*. When is it count, and when is it non-count?

B **Now go to page 135. Look at the grammar chart and do the grammar exercise for 7.1.**

C **Complete the questions with *much* or *many*. Then check your accuracy. Ask your partner the questions.**

1 How ___many___ cups of coffee do you drink every day?
2 How _____ cookies do you eat in a week?
3 How _____ yogurt do you eat at breakfast?
4 How _____ meat or fish do you eat each week?

ACCURACY CHECK

Use *many* with plural count nouns.

There aren't ~~much~~ chilies in this dish. ✗
There aren't many chilies in this dish. ✓

4 SPEAKING

A PAIR WORK **Tell your partner about your favorite comfort food.**

My favorite comfort food is … It's my favorite food because … I like to eat it with some / a lot of / a little …

B GROUP WORK **Ask other students about their favorite comfort food. Tell the class.**

A lot of people like snacks and sweet food. Manuel's favorite comfort food is rice with milk and sugar.

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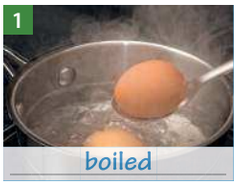
7.2 EAT IN THE STREET

LESSON OBJECTIVE
- design a food truck

1 VOCABULARY: Describing food

A 2.03 **Listen and say the words. Now match the words to the pictures.**

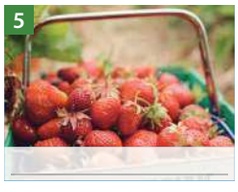
bitter ~~boiled~~ delicious fresh fried grilled raw roasted sour spicy

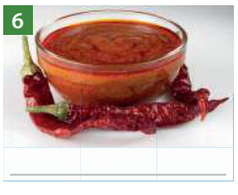

1 boiled

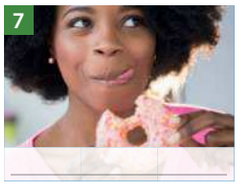

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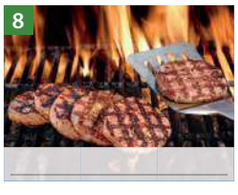

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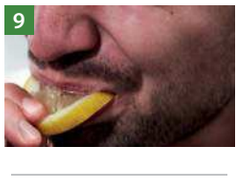

4


5


6


7


8


9


10

B **Put the words in exercise 1A into two groups: (a) how to serve food and (b) how food tastes. One word can go in both groups. Which word?**

C **Now do the vocabulary exercises for 7.2 on page 147.**

2 LANGUAGE IN CONTEXT

A PAIR WORK **Look at the picture of a food truck. What kinds of food can you get from food trucks?**

B 2.04 **Listen to a live radio show from the Food Truck Awards. What food is Clara cooking today? Why does the customer like food trucks?**

2.04 Audio script

Host Hi! I'm at the Food Truck Awards with one of this year's winners, Clara Montero. What are you making today, Clara?

Clara Fish tacos! They're usually **fried**, but today the fish is **raw**. Try one! It has this great **spicy** sauce.

Host Mm! Wow, hot! But really good. Thanks, Clara. Now, I'm sure this next truck is good because there's a long line. Hi! What are you waiting here for?

Customer Their amazing **grilled** burgers! I usually can't stand waiting in line, but I don't mind waiting here.

Host Yeah? Better than a restaurant?

Customer Definitely! I prefer to eat at food trucks. They're really cool – they're cheap, you can eat outside, and the food is always **delicious**. I always want to try new food. You need to try their fries. They're amazing!

Host Great idea, thanks. Enjoy!

INSIDER ENGLISH

hot = spicy

C PAIR WORK **Are there many food trucks in your town? What's your favorite dish?**







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3 GRAMMAR: Verb patterns

A **Circle the correct options to complete the rules. Use the sentences in the grammar box to help you.**

1 The verb that follows verbs like *can't stand* and *don't mind* is **verb + *-ing*** / ***to*** **+ verb**.

2 The verb that follows verbs like *want* and *need* is **verb + *-ing*** / ***to*** **+ verb**.

Verb patterns

I usually **can't stand waiting** in line.
I **don't mind waiting** here.
I always **want to try** new food.
You **need to try** their fries.

B **Now go to page 135. Look at the grammar chart and do the grammar exercise for 7.2.**

C PAIR WORK **Choose verbs from each box and make true sentences about yourself. Tell your partner.**

can't stand	don't mind	enjoy	forget	hate
like	love	prefer	want	would like

buy	cook	eat	go out	make	shop	take

I can't stand cooking breakfast food. It's so boring!

! **Some verbs (*love, prefer, like, hate*) take both forms. The meaning doesn't change.**
I like to cook. ✓
I like cooking. ✓
I prefer to eat out. ✓
I prefer eating out. ✓

4 SPEAKING

A GROUP WORK **You are going to design your own food truck. Think about:**

- the name and look of your food truck
- what's on the menu and how it's cooked
- the prices of your food and any special deals
- who your customers are (for example, vegetarians, students)

Our food truck is called Crepe Crazy. We're going to sell all types of delicious crepes like peanut butter, cheese and onion, and strawberry. Everyone enjoys eating crepes but hates to make them at home. Our prices . . . .

B **Tell the class about your food truck. Which group's food truck is the best?**



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7.3 I'LL HAVE THE CHICKEN

LESSON OBJECTIVE
- explain what you want in a restaurant



1 FUNCTIONAL LANGUAGE

A 2.05 **Read and listen to the conversations. What does the woman order in conversation 1? Why? In conversation 2, what's the problem with her order? In conversation 3, what does she ask for?**

2.05 Audio script

1 **A** Hi, **are you ready to order**?
B **What do you recommend**?
A The seafood's great here.
B But I'm allergic to seafood.
A Well, the grilled salmon is fantastic.
B I mean, I'm allergic to all seafood.
A Oh, OK. Well, the chicken is very good.
B **What does it come with**?
A It comes with French fries and a salad.
B **What kind of dressing** does it come with?
A Oil and vinegar.
B Perfect. **I'll have the** chicken, please.

2 **B** Excuse me – you gave me the salmon, but I ordered grilled chicken.
A I'm so sorry. I'll bring you the correct dish right away.
B Thank you.

3 **A** **Was everything OK for you today**?
B It was all really good, thank you.
A **Can I get you** a dessert?
B Not today, thanks. **Can I have the check**?
A Sure. Coming right up.



B **Complete the chart with expressions in bold from the conversations above.**

Ordering food	**Taking an order**
I'll [1] _____ the (chicken), please.	Are you ready [5] _____ _____ ?
	Can I [6] _____ _____ (a dessert)?
Asking questions about food	**Checking with the customer**
What do you [2] _____ ?	[7] _____ _____ OK for you today?
What does it [3] _____ _____ ?	**Asking for the check**
	Can I [8] _____ the check?
What [4] _____ _____ (dressing) does it come with?	

C 2.06 PAIR WORK **Circle the correct word to complete the expressions. Listen and check. Then practice the conversations with a partner. Change the food each time.**

1 **A** What does the steak *go / come* with?
B Salad or fries.

2 **A** *How / What* was the chicken?
B Great, thanks. Can I *have / make* the check, please?

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2 REAL-WORLD STRATEGY

A 2.07 **Listen to another conversation in the restaurant. What does the customer ask about the pasta?**

B 2.07 **Listen again. Why does the customer say, *I mean …* ?**

I MEAN

When you need to be clear about an order or instruction, or if you think someone doesn't really understand what you want, use *I mean* to give more detail.

Is there any meat in the pasta? I'm a vegetarian.

There's a little meat in the sauce, but not much.

I mean, I don't eat any meat.



C PAIR WORK **Read the information about *I mean* in the box above. Practice the example conversation with a partner.**

D PAIR WORK **Student A: Go to page 158. Student B: Go to page 160. Follow the instructions.**

3 PRONUNCIATION: Saying /dʒ/ and /g/ sounds

A 2.08 **Listen to the words. Focus on the sound of the letters in bold. Practice saying them.**

/dʒ/ **jet** /g/ **get**

B 2.09 **Look at the conversation. Do the bold words have the /dʒ/ sound or the /g/ sound? Listen and check. Then practice the conversation with a partner.**

A Can I **g**et you some **j**uice? We have **g**reat apple **j**uice.

B No, thanks. I'm aller**g**ic to apple **j**uice.

A **G**ot it. **J**ust some water, then?

4 SPEAKING

A PAIR WORK **Put the conversation in order. Then practice with a partner.**

- [5] Sounds good. I'll have the pasta.
- [ ] It's a cream and mushroom sauce.
- [ ] What do you recommend? The pasta or the beef?
- [ ] What kind of sauce does it have?
- [ ] The pasta is delicious today.

B PAIR WORK **Choose one of the situations and have a conversation with your partner.**

- The server brings the wrong dish to a customer.
- The server doesn't understand the customer's question.
- The customer is allergic to peanuts.



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7.4 IMPOSSIBLE FOODS

LESSON OBJECTIVE
- write a comment about an online article

1 READING

A **PREDICT** **Look at the picture in the article. Why do you think this is called the Impossible Burger?**

B **Read the article. Were you right? Read the article again and write the headings in the correct places.**

1 In a restaurant near you
2 Meat from plants
3 Good for the future
4 The secret ingredient

C **PAIR WORK** **THINK CRITICALLY** **Read the article again. Are Impossible Burgers the best thing to happen to food in years? Discuss the positives and negatives of green food with your partner.**

The new and wonderful world of Impossible Foods

A _____

Impossible Foods is a company in Silicon Valley, California. They make burgers and other delicious meat and dairy products. There's something very unusual about their food: Their meat and dairy don't come from animals, but from plants. Yes, plants! I didn't believe it at first, but it's true. Thanks to Impossible Foods, you can eat a delicious burger that looks like meat and tastes like meat but is made with only plants.

B _____

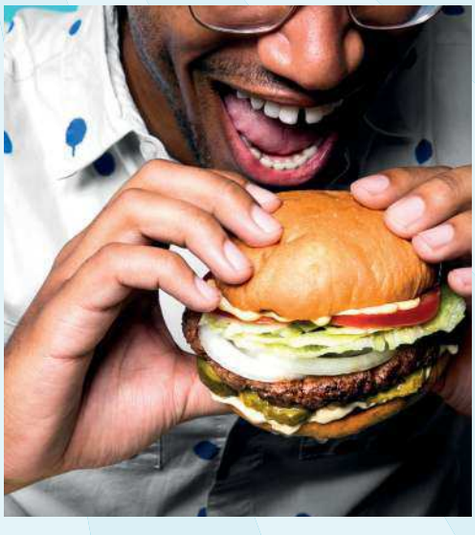
How does the Impossible Burger look and taste so real? The secret is something called heme. It's an ingredient that exists in both plants and animals. Heme gives raw beef its red color and meat flavor. Impossible Foods uses the heme found in plants, not animals, to make the Impossible Burger. It's healthy, and the plant ingredients don't hurt the environment. Clever, isn't it?

C _____

So, why is Impossible Foods doing this? Well, animal farming uses about 50% of the Earth's land and 25% of the Earth's water. That's a very expensive way to produce food. So, it seems to me that the Impossible Burger is a great example of a food of the future – good for the planet and good for your health. Soon it'll be cheap to eat, too!

D _____

Maybe you think all of this is science fiction, but it's not. Twenty restaurants in the U.S. now sell the Impossible Burger. Soon these delicious burgers will be everywhere. In my opinion, it's the best thing to happen to food in years!



GLOSSARY
dairy (*adj*) milk products, or food made from milk

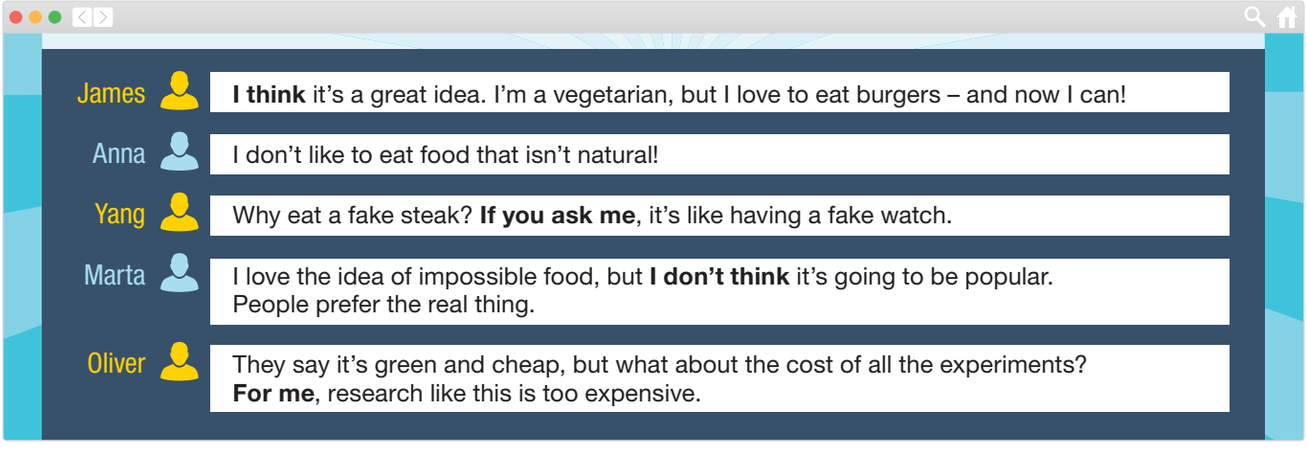
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2 WRITING

A **Look at the comments posted about the article. Who is positive, and who is negative about Impossible Foods?**



B PAIR WORK **Look at the comments again. Which comments do you agree and disagree with? Why?**

C WRITING SKILLS **Look at the words in bold in the comments. Do we use these expressions to say something is true or to give an opinion?**

D **Read the Register check box. Then rewrite these sentences with a different expression than *I think*.**

1 I think Impossible Foods is a great company!

2 I think it's a crazy idea. I don't like food made by scientists.

3 I think it's good for the planet!

REGISTER CHECK

Here are some ways to give an opinion:

I think … *If you ask me …* *For me …*

For formal writing, like essays, use a more formal expression:

From my point of view …
It seems to me that …

WRITE IT

E **Do you think foods like the impossible burger are a good idea? Write a comment about it to post on the website.**



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7.5 TIME TO SPEAK
The perfect party

LESSON OBJECTIVE
- plan a party

FIND IT

A When do you celebrate? Who do you celebrate with? Do you have parties to celebrate special occasions? What food do people usually eat at celebrations in your country? You can go online to find examples. What's your favorite party food? Why?

B **PREPARE** Imagine you and your partner are party organizers. You are going to organize a party for another pair, your "clients." Ask the other pair these questions to help you decide the type of party you're going to organize.

Your perfect party

Occasion
What are you celebrating?

People
Would you like to invite a lot of people or a few close friends?

Would you like to invite your family?

Place
Do you want to celebrate at home, in a restaurant, or in another place?

Would you like to be inside or outside?

Food
Do you and your friends like to eat spicy food?

Do you prefer to eat fried food or grilled food?

Do you need to think about special diets?

Surprise
Do you like surprises?







C **DECIDE** Use your clients' answers in exercise B to plan your party. Use the phrases at the bottom of the page to help you.

D **DISCUSS** Tell your clients about the party you're planning for them. Then listen to their plans for your party. Say two things you like about the party and two things you would like to change.

E **PRESENT** Present your parties to the class. Which one sounds fun? Which menu is your favorite? Why?

To check your progress, go to page 155.

USEFUL PHRASES

PREPARE
I'd like that. / I wouldn't like that.
I'd prefer …
My brother is a vegetarian/vegan.
My friend is allergic to nuts/fish/milk, etc.

DECIDE
Let's invite …
The party will take place in …
We'll have … on the menu.

DISCUSS
I really like that idea.
I'd love to come to your party!
It sounds like fun!
We think you're going to love this.
What do you think of … ?

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