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Brian Hart , Herbert Puchta , Jeff Stranks , Peter Lewis-Jones
Excerpt
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WELCOME

A WHAT A STORY!

Descriptive verbs

1 Circle the correct options.

1 The hurricane *demolished* / *fled* / *raged* everything in its path.
2 The surfer *struck* / *smashed* / *dived* under the water to escape the boat.
3 The people *smashed* / *fled* / *struck* from the hurricane.
4 As she started to fall, I managed to *grab* / *rage* / *scream* her by the arm.
5 The fire *demolished* / *raged* / *dived* through the trees.
6 The people *screamed* / *grabbed* / *demolished* in terror as the wave came toward them.
7 The rescuers *smashed* / *flew* / *screamed* down a wall to rescue the family.
8 The car was *grabbed* / *dived* / *struck* by the falling tree.

Phrasal verbs

2 Complete the sentences. Choose the correct verbs and write them in the correct form.

break	end	give	keep
look	sort	stand	take

1 I think I might _____ up yoga. It's really good for body and mind.
2 He studied medicine in college. How _____ he _____ up as an accountant?
3 Can you believe it? Our car_____ down five kilometers from home.
4 I know I should _____ up eating so much chocolate, but I think I'd find it too difficult.
5 They_____ on eating their picnic, even though it started to rain.
6 When I have a problem, my mom always helps me _____ it out.
7 I'm really _____ forward to summer break. No more exams!
8 Billy really _____ out in the class photo because he's so tall.

Elements of a story

3 Match the words with the definitions.

1 hero ☐
2 plot ☐
3 dialogue ☐
4 characters ☐
5 ending ☐
6 opening ☐
7 villain ☐
8 setting ☐

a the people in the story
b a bad character
c how the story starts
d how the story finishes
e the person in the story we identify with
f the place where the story happens
g what the people in the story say
h the storyline

4 Complete the text with the missing words.

So what do you need to write a successful story? Well to start with, you need a good [1]_____ – without a great story you have no chance. Of course, any good story needs a selection of different [2]_____ , a [3]_____ for the reader to identify with, and a [4]_____ to hate. And to help bring all these people alive, you'll need to have good [5]_____ between them. What they say and how they say it is so important. Then you'll need a [6]_____ for your story. Where and when does the action happen? Is it the modern day, in the past, or even in the future?

So now you have all that, it's time to start writing. The [7]_____ is essential. You'll need to get your reader's attention from the very beginning. And once you have their attention, hopefully, they'll read right through so you'll need to give them a good [8]_____ , too, to make sure they won't feel they've wasted their time.

And that's all you need. That and a lot of luck.

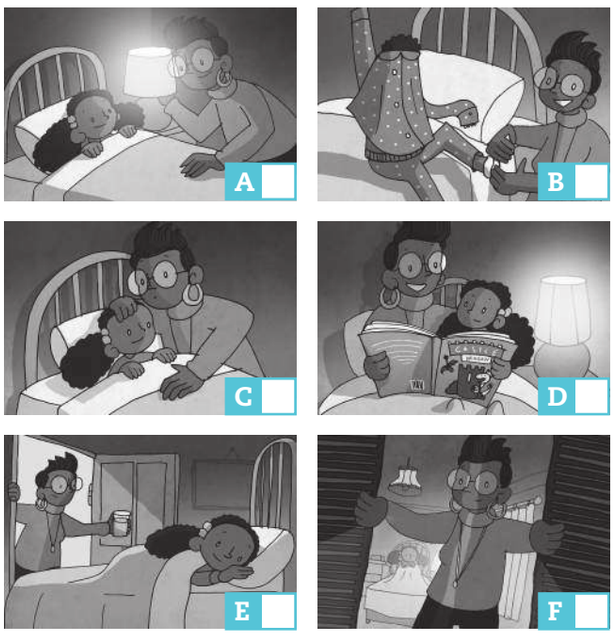
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Talking about past routines

5 W.01 **Listen and put the pictures in order.**



6 **Complete the sentences so that they are true for you.**

1 When I was really young, my mom/dad would _____

2 My first teacher at school used to _____

3 When I was upset, I used to _____

4 When it was my birthday, my parents would _____

5 Over the summer break, I would _____

SUMMING UP

7 **Put the sentences in order to make a dialogue.**

☐ **Ana** Well, for example, he'd tell a story about how the wind was getting stronger and how we needed to put all the furniture in the closet under the stairs. And he'd act out everything.

☐ **Ana** My dad used to tell me really great stories when I was a kid.

☐ **Ana** Really dramatic and exciting stories, and he would pretend they were happening to us.

☐ **Ana** He was. I used to really look forward to his stories. But he gave up telling them as I got older.

☐ **Jake** That's a shame.

☐ **Jake** What kind of stories?

☐ **Jake** He sounds like a really fun dad.

☐ **Jake** What do you mean?

B AN UNCERTAIN FUTURE

Future plans

1 **Match the parts of the sentences.**

1 I don't finish ☐
2 You'll need to get a ☐
3 Many young people are waiting longer to start ☐
4 Before I start my career, I'd love to travel ☐
5 Would you like to make enough money so you can ☐
6 I don't want to settle ☐

a a career these days.
b the world for a year or so.
c retire before you're 65?
d down yet. I'm not ready.
e school for another two years.
f degree in engineering if you want to build bridges.

Life plans

2 **Put the events in the order that they happened.**

☐ So I returned home and started earning a degree.
☐ So I decided to travel the world for a while until I made up my mind.
☐ When I was in Asia, I suddenly realized what career I wanted to do – teaching.
☐ We started a family after I had been teaching for a few years.
☐ When I finished school, I wasn't too sure what I wanted to do.
☐ Next year, I'm going to retire. I can't help wondering how it all passed so quickly.
☐ After the birth of my second son, I got promoted. I'm now a school principal.
☐ In my final year of college, I met the love of my life, and we settled down.

Future continuous

3 **Complete the sentences. Use the future continuous form of the verbs.**

Two months from now …

1 I _____ on a sunny beach in the Caribbean. (lie)
2 I _____ exams any more. (not take)
3 I _____ delicious food every night. (eat)
4 I _____ every morning at 6 a.m.! (not get up)
5 I _____ in a five-star hotel. (stay)
6 I _____ the bus to school every morning. (not take)

I can't wait for summer break!

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Being emphatic: *so* and *such*

4 **Choose the correct options.**

1. This math problem is *so* / *such* difficult.
2. Mrs. Palmer is *so* / *such* a good teacher.
3. That was *so* / *such* a bad basketball game.
4. I was *so* / *such* late for school today.
5. She gave me *so* / *such* a great present.
6. Lydia is *so* / *such* good at chess.
7. We feel *so* / *such* tired today.

5 **Complete the sentences with *so* or *such*. Then match the sentences with the photos.**

1. It's _____ a smart dog.
2. They're _____ a talented band.
3. I'm _____ excited. I'm going on vacation tomorrow.
4. It's _____ cold today.
5. They're _____ a good team.
6. This pasta is _____ delicious.


A


B


C


D


E


F

Extreme adjectives

6 **Complete the missing adjectives.**

0. That exam wasn't bad. It was t*errible*_____!
1. I don't find history interesting. I find it f_____!
2. That movie wasn't funny. It was h_____!
3. The water's not cold. It's f_____!
4. No, the children weren't scared. They were t_____!
5. Their yard isn't big. It's e_____!
6. Your writing isn't small. It's t_____!
7. It isn't hot today. It's b_____!

7 **Complete the second diary entry with extreme adjectives.**

January 1, 2000

Life's pretty good. I can't really complain. I live in a big house with my parents. We get along well most of the time. I like school. It's interesting, and I really enjoy going most days. Mrs. Jackson, my science teacher, is really funny. She makes me laugh and it's always fun in her class. In my spare time, I go go-carting. It's a really exciting hobby. I won a trophy last week. It was pretty small, but the size isn't important. It says "Most Improved Driver" on it, so I'm happy with it. I'm not sure my mom's very happy about my hobby. She's scared I'll have an accident. I tell her not to worry and that one day I'll be a world champion.

February 2, 2020

Life's pretty [1]_____. I can't complain at all. I live in a [2]_____ house with my wife and children. We get along well all of the time. I like my job. It's [3]_____, and I really enjoy going most days. My boss is really [4]_____. He makes me laugh, and it's always fun hanging out with him. I'm a race car driver. It's a really [5]_____ sport. I won a trophy last week. It was [6]_____, but the size isn't important. It says "World Champion" on it so I'm [7]_____ with it. I'm not sure my mom's very happy about my job. She's [8]_____ I'll have an accident. I tell her, "Isn't it time you stopped worrying?"

SUMMING UP

8 **Complete the dialogue with the words in the list. There are four you don't need.**

amazing | career | degree
enormous | huge | promote | retire
settle | so | such | travel | terrible

Katie So what are your plans for the weekend, Joe?

Joe Well, my dad's going to [1]_____ from work next week, so we're having an [2]_____ party for him on Saturday. I mean it's going to be really big!

Katie But he's [3]_____ young!

Joe I know, and the crazy thing is that the company offered to [4]_____ him, too.

Katie So what made him decide to leave?

Joe Well, the money he got was [5]_____, but it was [6]_____ a stressful job.

Katie Yes, money isn't everything.

Joe Now he has plans to [7]_____ the world with Mom.

Katie But what about you?

Joe Well, I hope they're going to wait until I'm in college getting a [8]_____. But the mood Dad's in, I can't be too sure!

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C HOW PEOPLE BEHAVE

Personality

1 Complete the sentences with the missing adjectives.

1 He only thinks about himself and what's good for him. He's really s_____ .
2 She always says "please" or "thank you." She's very p_____ .
3 You didn't need to buy me a present. That was very t_____ of you.
4 He's a very c_____ person. He never panics.
5 She's very l_____ . She always seems to have so much energy.
6 He's very g_____ with his time and is always happy to help us.
7 Libby's very quiet, but she isn't unfriendly. I think she's just a bit s_____ .
8 Jack hasn't replied to my message yet, which was a little r_____ .

Using *should*

2 Write a reply to each sentence using *should* or *shouldn't*.

0 "I'm really tired today."
You should have gone to bed earlier.
1 "It's Toni's birthday tomorrow."
_____
2 "I can't believe it. We've missed the train."
_____
3 "My tooth is really hurting."
_____
4 "Mia's really upset with me."
_____
5 "I'm bored."
_____

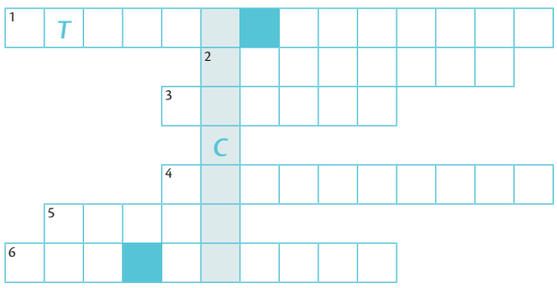
3 Complete the dialogue. Use *should* / *shouldn't have* and the correct form of the verbs in the list.

bring | get up | put | set | stay

Teacher Have you done your homework, Lily?
Lily Umm, I have, but I left it at home.
Teacher But it was for today. You [1]_____ it with you.
Lily I know. I'm sorry, but I was in such a hurry, I left it on the kitchen table.
Teacher You [2]_____ earlier. Then you wouldn't have been in such a hurry.
Lily I know. I [3]_____ my alarm, but I forgot. And I [4]_____ my book in my bag the night before. And I [5]_____ up so late last night.

Career paths

4 Complete the crossword and find the mystery profession.



1 They brush away trash from the roads.
2 My sister builds bridges and tunnels.
3 She uses her knowledge about the law to help people in court.
4 She prepares medicine at a pharmacy.
5 My mom helps doctors at a really busy hospital in the middle of Chicago.
6 He gets us to and from school.

5 Choose the correct options.

1 My uncle is a nurse at a clinic. He works in *finance* / *healthcare*.
2 My whole family work in *public service* / *management*. Dad's a nurse, Mom's a teacher, and my uncle is a police officer.
3 I'd like to work in *law* / *education*, maybe at a school or a university.
4 If you want to find a job, you'll need the right *qualifications* / *salary*.
5 There are more than 500 *employees* / *employers* working at the factory.
6 They're one of the biggest *employees* / *employers* in the region. More than 2,000 people work for them.
7 My mom's in *education* / *finance*. She's an accountant at the hospital.
8 I know he's in *law* / *healthcare*. He's a lawyer, I think.

Decisions

6 Match the parts of the sentences.

1 Come on, Alice. Make up ☐
2 Can you be quiet? I find it difficult to make ☐
3 It's an important decision. I need to think long ☐
4 Don't worry. You can always change ☐
5 It's been ten minutes already. Have you come ☐

a and hard about it.
b your mind later if you want to.
c your mind. Do you want a sandwich or not?
d to a decision yet?
e decisions when people are talking.

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Permission

7 Choose the correct options.

1 Do your parents *allow* / *let* / *make* you take your phone to bed at night?
2 I'm not *allowed* / *let* / *made* to go out on a school night.
3 My parents *let* / *make* / *allow* me do my homework before I can play on the tablet.
4 Our teacher *makes* / *lets* / *allows* us do a vocabulary test every day.
5 My mom won't *allow* / *let* / *make* me come to your party.
6 Are we really *allowed* / *let* / *made* to go to the music festival this summer?

8 Complete the missing words.

1 Are you _____ to stay up late on the weekend?
2 Does your teacher _____ you use phones in class?
3 Do your parents _____ you do your homework before you can watch TV?
4 Are you _____ to do any housework by your parents?
5 Do your parents _____ you to sleep in during summer break?
6 Do your teachers _____ you eat in class?

9 Write your answers to the questions in Exercise 8.

SUMMING UP

10 Put the sentences in order to make a dialogue.

Tim I hope you're right. Anyway, I'm allowed to use their family car.
Tim Have you heard the news? I found a summer job.
Tim I'm actually pretty scared. I don't really have much experience with kids.
Tim I don't think I'm allowed to use it when I'm not working.
Tim Babysitting for children from the same family every day.
Lucy Wow. You're very brave.
Lucy You'll be fine. You're kind and lively. That's all kids want.
Lucy You never know. You should ask them. A friend with a car! This is going to be a good summer.
Lucy Cool! Where are you going to take me?
Lucy Congratulations. What is it?

D NEW THINGS

Reporting verbs

1 Match each verb with a sentence.

agree | demand | encourage | explain
invite | persuade | recommend | refuse

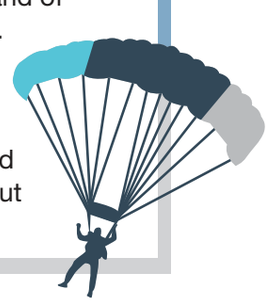
1 To get to the station, you need to take the number 3 bus. _____
2 No, Bella, I won't take you to the party. _____
3 I want you to get out of my house, Ben. Now! _____
4 Would you like to go to the movies, Jenny? _____
5 Come on, Luis. Come to the party with me. You will? Great! _____
6 You should enter the talent show. You're really good at singing, Akiko. _____
7 Read this book, Matt. You'll love it. _____
8 OK, Thomas. I'll talk to your dad and see if I can change his mind. _____

2 Put the sentences in Exercise 1 into reported speech.

1 He *explained how to get to the station by bus.*
2 She _____
3 He _____
4 She _____
5 He _____
6 She _____
7 He _____
8 She _____

3 Complete the text with the reporting verbs in Exercise 1. There are three you don't need.

I can't believe I've [1]_____ to skydive with Tim. How did that happen? It all started when he [2]_____ to me about this children's charity that he is involved with. I said it sounded interesting, and he [3]_____ me along to one of their meetings. So I went to see what it's all about. I didn't know they were organizing a sponsored skydive. They asked me to get involved, and of course I [4]_____ . I mean, I'm not mad. But they kept on trying to [5]_____ me to do it, and in the end, I gave in and said "yes." And now I can't get out of it.



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Negative adjectives

4 Rewrite the sentences using a negative adjective.

0 I'm not happy.
I'm unhappy.

1 It isn't true.

2 It isn't a formal party.

3 They aren't patient.

4 That wasn't responsible of you.

5 Buy it. It isn't expensive.

6 They aren't polite children.

7 I don't think that's possible.

Changes

5 Match the parts of the sentences.

1 If you're bored, why don't you take ☐
2 The children are all doing ☐
3 If children form ☐
4 If he doesn't change his ☐
5 Why's it so difficult to break ☐
6 I'm not going to make ☐
7 I'm finding physics too hard. I might give ☐
8 Sometimes I struggle ☐

a any resolutions this new year.
b up taking classes.
c to understand math. It can be so hard.
d bad habits?
e good habits when they're young, they'll never forget them.
f up a new hobby?
g ways, he's going to get into trouble one day.
h really well at their new school.

Regrets: *I wish … / If only …*

6 For each situation, write one present regret and one past regret.

0 I can't afford to buy my mom a birthday present.
I wish I had more money.
If only I hadn't spent all my money on clothes.

1 Sara refuses to speak to me.

2 I'm so tired. I want to go to bed, but I'm stuck here in science class.

3 All my friends are on the school soccer team.

4 I'm bored.

SUMMING UP

7 Complete the dialogue with the words/phrases in the list. There are four you don't need.

am not | demand | encourage | gave up
hadn't given it up | impolite | impossible
refuse | struggle | take up | unhappy | wasn't

Martha What's up, Ben? You look a bit [1]_____.

Ben I'm OK. I'm just bored. I have nothing to do.

Martha Why don't you [2]_____ a new hobby? That will take up your time.

Ben Like what?

Martha Guitar lessons. You've always wanted to play the guitar better.

Ben That's true. I wish I [3]_____ when I was a teenager. I'd be really good now.

Martha Well, it's not too late to start again.

Ben It is. It's [4]_____ for someone my age to start learning an instrument.

Martha What! You're 23!

Ben I know, but I really [5]_____ with learning new things. I wish I [6]_____ that way, but I am.

Martha OK then – be bored.

Ben What! That's not very nice.

Martha Well, I'm trying to [7]_____ you, but you [8]_____ to listen. I give up.

Ben I'm sorry, Martha. I'm just joking. And, you're right – it's never too late to start something new. In fact, I think I might just do that. Do you know any good teachers?

Martha That's more like it. Actually, I do … My brother! He's great.

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1 SURVIVAL INSTINCT



GRAMMAR
Verbs followed by infinitives or gerunds

→ SB p.14

1 ★☆☆ **Complete the table with the words in the list according to what they are followed by (infinitive or gerund).**

ask | can't stand | choose
decide | detest | don't mind
enjoy | keep | manage | miss
offer | promise | suggest | want

infinitive	gerund
ask	

2 ★★☆ **Circle the correct options.**

1 **Molly** Did Diego manage *to finish* / *finishing* his essay last night?
Harry Yes, so he's promised *coming* / *to come* climbing with us this weekend.
Molly Fantastic. My dad's offered *to give* / *giving* us a ride to the climbing club.

2 **Nora** I suggested *to take* / *taking* a picnic, but they don't want *to carry* / *carrying* it.
Sam I don't mind *to carry* / *carrying* it.

3 **Eden** Now I live in the city, I miss *to go* / *going* for long walks in the country.
Jo Really? I can't stand *to walk* / *walking* in the countryside.

4 **Anna** You're very good at the violin!
Zoe No, I'm not. I really enjoy *to play* / *playing*, and I keep *to practice* / *practicing*, but I'm not getting any better.
Anna Ask Tom *to help* / *helping* you. He's a fantastic musician.

5 **Josh** You'll never guess what? Max came climbing with us.
Ellie But Max detests *to climb* / *climbing*!

3 ★★☆ **Complete the text with the correct form of the verbs in parentheses.**

I enjoy [1]_____ (climb) mountains, so last year I decided [2]_____ (climb) Mount Monadnock in New Hampshire with a friend. We planned [3]_____ (go) to New Hampshire in August, and we arranged [4]_____ (stay) with a friend in Keene for a few days. We started our climb at 6 a.m., and we hoped [5]_____ (get back) down the mountain by 2 p.m. The weather was good, so we managed [6]_____ (reach) the summit in two hours. We never imagined [7]_____ (see) such a beautiful view from the summit. The next day, we felt like [8]_____ (climb) Mount Monadnock again.



4 ★★★ **Find and correct five mistakes in the dialogue.**

Kate I can't believe it. I managed climbing Devil's Rock this weekend.
Matt Did you? That's great.
Kate I've watched you climb it a couple of times, but I never imagined to climb it myself. I'm hoping doing more climbing next weekend. I learned going down the rock face using a rope. That was scary! What did you do on the weekend?
Matt I wanted coming climbing with you and the others, but I had some homework to do.

5 ★★★ **Complete the sentences so that they are true for you.**

1 I enjoy _____
2 I started _____
3 I don't mind _____
4 I hate _____
5 I refuse _____
6 I love _____

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Verbs that take gerunds and infinitives with different meanings: *remember, forget, regret, try, stop*

→ SB p.15

6 ★☆☆ **Match the sentences with their meanings.**

1 I stopped to look at the view. ☐
2 I stopped looking at the view. ☐
3 He remembers buying a newspaper. ☐
4 Remember to buy a newspaper, Tom. ☐
5 He tried learning Chinese. ☐
6 He tried to learn Chinese. ☐
7 I'll never forget reading that comment on your post. ☐
8 I forgot to read that article online. ☐

a I'll always remember reading that comment on your post.
b He knows he bought a newspaper.
c I didn't remember to read that article online.
d He wasn't able to learn Chinese.
e I didn't look at the view any more.
f Don't forget to buy a newspaper.
g I stopped so I could look at the view.
h His goal was to impress his clients by speaking Chinese.

7 ★★☆ **Complete the dialogues with the correct form of the verbs.**

1 A I forgot _____ (tell) you. We're going to Boston this weekend.
B Lucky you!
2 A Did Helena finish her essay?
B No, she didn't. She tried _____ (finish) it last night, but she couldn't.
3 A I regret _____ (not leave) earlier on Saturday.
B Yes, you missed the boat race.
4 A Do you still play the piano?
B No, I stopped _____ (play) when I was nine.
5 A Do you remember _____ (lend) me that book?
B Yes, I do. You haven't given it back yet.
6 A You left your guitar at Olivia's house. Her mom called me this morning.
B Yes, I know. I stopped _____ (pick it up) on the way home.

8 ★★☆ **Complete the sentences with the correct form of the verbs.**

eat | listen | tell | watch

1 I was studying for the history exam, and then I stopped _____ to some music.
2 I listened to the first three songs, and then I stopped _____ .
3 I remember _____ that movie last year.
4 Remember _____ that movie tonight. It's really good.
5 I've tried _____ more vegetables, but I don't like them.
6 I tried _____ pineapple covered in chocolate, but it tasted really weird.
7 I regret _____ you that there aren't any more tickets for the game.
8 I regret _____ Emma about the trip last weekend.

9 ★★★ **Write a sentence that is true for you for each of the situations.**

1 something you regret doing or saying
_____
2 something you remember doing or saying when you were in elementary school
_____
3 something you have tried doing
_____
4 something you have stopped doing
_____
5 something you forgot to do recently
_____

GET IT RIGHT!

Infinitive or gerund after certain verbs

Learners often forget to use the infinitive or the gerund after certain verbs.

✓ *Sam and Alex decided to go out to eat.*
✗ *Sam and Alex ~~decided go~~ out to eat.*

Correct the mistake in each sentence.

1 We couldn't afford do the survival course.
_____
2 He started feel a bit awkward as no one was talking to him.
_____
3 Ethan suggested have an early night before the exam.
_____
4 I never promised help you with your homework!
_____
5 Do they practice to sing every evening?
_____
6 We wanted leave right away, but we couldn't.
_____

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VOCABULARY
Verbs of movement

→ SB p.14

1 ★☆☆ **Find ten verbs of movement.**

O	C	L	I	M	B	T	T	T	H	P
D	S	S	A	Y	N	I	E	C	A	H
N	W	C	A	T	B	P	L	E	T	R
E	I	W	R	R	K	T	L	A	G	E
E	N	S	E	A	L	O	P	W	L	G
V	G	M	E	E	W	E	S	O	E	G
I	H	R	U	S	H	L	I	N	H	A
D	W	A	N	D	E	R	T	D	E	T
B	R	E	A	T	H	L	E	G	R	S

2 ★★☆ **Complete the text with the past tense of the verbs of movement in Exercise 1. There are two verbs you do not need to use.**

Jake [0] *crawled* through the tunnel on his hands and knees, and then he [1] _____ over the wall. After that, he held onto the rope and [2] _____ across the river. He [3] _____ very quietly past the house on the other side of the river. Then he quickly [4] _____ up the mountain and slowly went down the other side in thick fog. After that, he [5] _____ across the flat ground. He was in a hurry to finish now. Then suddenly, he fell and hurt his left leg, so he [6] _____ on his right leg to the finish line. Everybody cheered. He [7] _____ through the crowds of people, and he shook hands with all his fans.

Adjectives to describe uncomfortable feelings

3 ★★☆ **Read the situations. How would you feel? Circle one of the adjectives.**

1 You don't know the answer to the next question on the test. You can't do the next question until you've completed this one.
You are *stuck* / *puzzled*.

2 Last night you ate your brother's chocolate bar. He doesn't know yet.
You feel *guilty* / *desperate*.

3 You are at a party. Everybody knows each other, but you don't know anyone.
You feel *awkward* / *puzzled*.

4 You put your house keys on the desk. Now they aren't there.
You are *ashamed* / *puzzled*.

5 You shouted at one of your friends yesterday.
You feel *ashamed* / *guilty* of yourself.

6 You are locked in a room in a castle. You have no phone, and there is no food. No one knows you are there.
You feel *desperate* / *stuck*.

4 ★★★ **Write a new situation for each feeling.**

1 puzzled
_____
_____

2 stuck
_____
_____

3 desperate
_____
_____

4 ashamed
_____
_____

5 guilty
_____
_____

6 awkward
_____
_____

WordWise:
Expressions with *right*

→ SB p.17

5 ★★☆ **Complete the dialogues with the phrases in the list.**

right | right away | right in the middle
right or wrong

1 **A** _____, we now have to wear a school uniform.
B I know. I don't agree with it.

2 **A** Where's the new movie theater?
B It's _____ of town, next to the concert hall.

3 **A** Can I come with you and Sam to the game on Saturday?
B Yes, of course.
A You're leaving early, _____?
B Yes, we're leaving at eight o'clock.

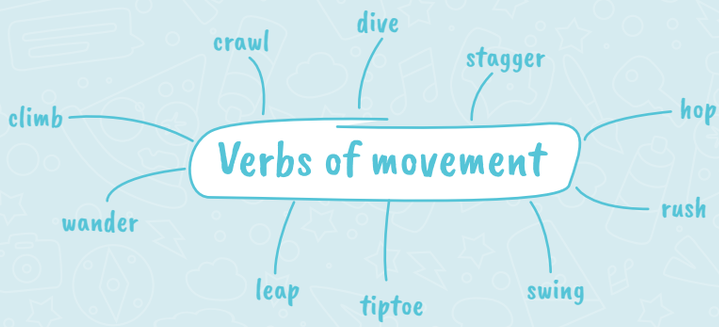
4 **A** Abby just messaged about the concert on Saturday. Do we want tickets?
B Yes, we do.
A I'll message her back _____, then.

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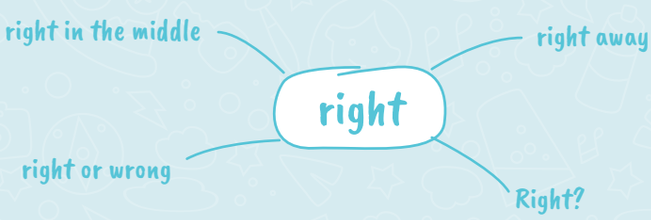
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Brian Hart , Herbert Puchta , Jeff Stranks , Peter Lewis-Jones
Excerpt
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REFERENCE



ADJECTIVES TO DESCRIBE UNCOMFORTABLE FEELINGS

ashamed
awkward
desperate
guilty
puzzled
stuck



VOCABULARY EXTRA

1 **Match the verbs with the photos.**

march | slide | soar | sprint | tumble



1 _____



2 _____



3 _____



4 _____



5 _____

2 **Complete the advertisements and posts with the correct verb.**

1 Can you hit a ball, run quickly, and _____ across the ground? We need you NOW! Come and join our after-school softball club.

2 How do eagles _____ so high and how do they stay in the air? Find out the answers to this and lots more in tonight's *Science Talk*.

3 **Improve your running and learn to _____ more quickly. Come along and talk to our coaches tomorrow at 6 p.m.**

4 Do you ever lose your balance and _____ over when you're standing on one leg? Try these simple techniques to improve your balance.

5 **Can you help? Can you teach a group of us to _____ together and in time for our scout parade next weekend?**

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